

Challenges of Non-Integrated Care



many patients they see.

Only 14% of physicians share data with providers outside their organization.1

paid for how well they take care of patients, not how



More than half of health care spending is wasteful. A third of spending goes to unnecessary hospitalizations, redundant tests, unproven treatment and excessive end-of-life care.2



Working-age adults are almost twice as likely as those on Medicare to not take medications as prescribed. **Four in 10** don't tell their primary care doctors about complementary and alternative medicines they commonly take.3



Chronically ill patients with uncoordinated care are more likely to encounter care quality lapses and face higher costs.4



Significant care coordination gaps occur when electronic health records aren't easily shared.5



Lack of coordination affects patient experience. There's a robust positive relationship between care coordination and patient satisfaction.6



One in five patients don't have a regular doctor, and one in four waited six days or more to see a doctor.7

"People want better, more affordable health care: That's what an integrated model provides: less costly, higher quality care."

Time for a Change



Monument Health

is a clinician-led, patient-centered network of independent providers who are redesigning care delivery and offering more appropriate, accessible and affordable health care.



"Patient care is individualized, but it all meets the same high standard. It's a really simple concept: We're all using the same tools, same processes, operating under the same agreements."9 This ultimately lowers costs for employers by more effectively managing the health of their employee populations, leading to a healthier Mesa County.



Common Elements of Clinically Integrated Networks

- ✓ Adherence to evidence-based guidelines and protocols^{10,11}
- ✓ Clinical and administrative metrics and
- ✓ Well-defined, physician-led decision making
- ✓ IT infrastructure and robust analytics
- ✓ Performance-based physician compensation
- ✓ Population-health focus
- ✓ Contracting with commercial payers and employers

Clinical Integration Benefits Delivered by Monument Health

- Unique clinician-patient partnership. It doesn't stop at the clinic door. It's a whole-person approach that goes far beyond "sick care."
- Doctors can be doctors: It's a rare opportunity for providers to design how value-based payments are set up, and how they'll be measured.
- Guaranteed access to primary care, specialty care and hospital care that's close to home.
- Coordinated care with less duplication and better management of chronic illness translates to lower costs over time and a healthier workforce.
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- 4.) Source: "Care Fragmentation, Quality, and Costs Among Chronically III Patients," The American Journal of Managed Care, May 14, 2015
- 5.) Source: Samal L, et al. "Care coordination gaps due to lack of interoperability in the United States: a qualitative study and literature review." BMC Health Services Research 2016 Apr 22; 16(1):143. http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4841960/ 6.) Source: Wang MC, Mosen D, Shuster E, Bellows J. Association of patient-reported care coordination with patient satisfaction. J Ambul Care Manage. 2015 Jan-Mar; 38(1):69-76
- 7.) Sources: Jetty A, Green L, Bazemore AW, Petterson SM. Fewer Americans Report a Personal Physician as Their Usual Source of Health Care. Am Fam Physician. 2015 Dec 15; 92(12):1053; "Fewer Americans Report a Personal Physician as Their Usual Source of Health Care," http://www.graham-center.org/rgc/publications-reports/publications/one-pagers/personal-physician-2015.html
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- 8.) Source: "Clinical integration provides a catalyst for better care and a healthier Mesa County." Monument Health issue brief, August 2016. http://bit.ly/2bjgLja.
 9.) Source: "Clinical integration provides a catalyst for better care and a healthier Mesa County." Monument Health issue brief, August 2016. http://bit.ly/2bjgLja. 10.) Source: Clinically Integrated Networks: Who, What, When, Where, Why, and How? op cit.
- 11.) Source: The care transformation alphabet. op cit.



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